

# Twenty-sixth Sunday in Ordinary Time, Year B - RCLB Lectionary



Lectionary: 137B

Read: Mark 9:38-43, 45, 47-48

## **Gospel Summary**

In today's Gospel reading, Jesus tells John that those who are not against us are for us. Jesus also speaks of removing those parts of our bodies that cause us to sin, for they are hindrances to entering the Kingdom of God.

#### **Reflection for Parents**

The second teaching in today's Gospel invites us to reflect on the temptations and sources of sin in our lives. Spend time in honest conversation with God, and pray for forgiveness and the strength to overcome temptations. Make time to experience God's healing love and grace in the Sacrament of Penance and Reconciliation.

## **Bringing the Good News Into Your Family**

Lead a family discussion of familiar sins such as telling a lie, cheating on a test, being jealous of what someone else has, being selfish, or not keeping a promise. Make a list of the family's responses. Remind family members that in today's Gospel, Jesus tells us that we need to remove whatever causes us to sin from our lives so that we can one day enjoy everlasting life in the Kingdom of Heaven.

Review the family's suggestions, one-by-one, and brainstorm ways to work at removing those sins from your lives. For example, you can remove telling lies by working at always telling the truth. You can remove selfishness by working at sharing more often. Conclude the discussion by praying for God's strength and help in avoiding sin and in doing good. If time allows, go as a family to receive the Sacrament of Penance and Reconciliation.

### **Discussion Starters**

- 1. Someone who did something kind for me this week was...
- 2. An act of kindness I could do for someone else this week is...
- 3. One of my biggest temtpations is...