

Fifth Sunday in Ordinary Time, Year B - RCLB Lectionary



Lectionary: 74

Read the Gospel: Mark 1:29-39

Gospel Summary

In today's Gospel we learn that Simon had a mother-in-law. In other words, we become aware that when Simon left everything behind to follow Jesus, that "everything" included family. Jesus the Healer cured Simon's mother-in-law and many in the town who were sick. He also drove out many demons.

Reflection for Parents

A day goes by and before we know it we are falling into bed exhausted. We intended to take time to pray, but time got away from us. In today's Gospel Jesus teaches us by example that it is important to take time to be alone to pray. From prayer we can draw strength to do what each day requires, most especially by showing our family in word and by deed what it means to be a disciple of Jesus, a child of God.

Bringing the Gospel Into Your Family

To foster prayer in the home, choose a small table or a space where you can create a prayer area. Cover your table with a cloth in the color of the liturgical season, and place upon it a Bible, a candle, and a crucifix or cross. With your family, decide on when you will gather to pray together around your prayer table or in your prayer space.

You may wish to provide a book of traditional prayers, such as *Catholic Prayers and Practices* or *Catholic Prayers and Practices for Young Disciples* (RCL Benziger). In addition, *Our Family Prays*, also published by RCL Benziger, provides seasonal prayers for families, including prayers from around the world.

Discussion Starters

- 1. Someone I know who is in need of healing is . . .
- 2. My favorite place to pray is . . .
- 3. My favorite way to pray is . . .